

Examination – Notes for Actor

Patient demographics:

You are Ruth Cullen, an 82-year-old Female presenting to the GP with Hip Pain

During the examination:

- You will walk slowly with a limp when asked to walk by the student

Examination – Notes for Candidate

Role: Foundation Year 1 doctor in a GP Surgery

This is Ruth Cullen, an 82-year-old female who has presented to the GP with Hip Pain

Please perform a Hip Examination. The examiner will tell you relevant signs as you go along.

You have 8 minutes to examine the patient, followed by a further 2 minutes where the examiner will ask you questions.

An invigilator will let you know when 8 minutes has elapsed.

Examination – Examiner Marksheet

You will have to tell the student certain signs when they get to that stage (anything in quotation marks).

- Good professionalism throughout
- Confident and well-practised examination with all steps and correct technique
- Use an appropriate examination checklist like the University of Leicester checklist or Geeky Medics to mark examination steps.
- Succinct presentation of the examination, including all positives and only relevant negatives + correct further assessments

Inspection:

- General: Large Body Habitus
- Gait: **Slow Antalgic gait, walking with a Limp**
- Supine: **“Faint Vertical scar over Right Hip”**. No visible signs over Left Hip

Palpate:

- Warm, Equal Leg length

Movements

- Active: **All movements reduced on Left side due to Pain**. Right side normal.
- Passive: **Crepitus on all movements of Left side**. No Crepitus on Right side.

Special: Normal Trendelenburg's + Thomas tests

Completing: Neurovascular Exam of Lower Limbs, Spine + Knee exams, Look at available imaging

Follow-up Questions

Q1: What is your Diagnosis?

Left Hip Osteoarthritis

Q2: What is the likely reason for the patient's scar?

Previous Right Hip Total Replacement

Q3: How would you Manage this patient?

Weight loss, Paracetamol, Topical NSAID. Can progress to Intra-articular Steroids and Total Hip replacement

Global Impression

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/ Comments: