

Patient Centred Care – Notes for Actor

Patient demographics:

You are Newman Davies a 67-year-old male presenting to you GP after your recent diagnosis of NAFLD. After the initial introductions are completed and once prompted to continue, you will ask the concerns below one at a time.

You were recently in hospital and during your stay some blood test recognised these abnormalities and you were given this diagnosis.

Keep pressing the concern until you are satisfied with the answer from the student.

Understanding of condition:

- I don't know other than it is due to do with my liver.

Concern 1:

- What is it?

Concern 2:

- What can I do about it?

Concern 3:

- Am I going to need a liver transplant?

Patient Centred Care – Notes for Candidate

Role: Foundation Year 1 doctor in a GP centre

This is Newman Davis a 67-year-old presenting with concerns about their recent diagnosis of NAFLD.

You should concentrate on these concerns and not on taking a history of their medical condition

Please explore these concerns with the patient and give appropriate advice

This station will last 10 minutes. An examiner and simulated patient will be

Patient Centred Care – Examiner marksheet

- Good professionalism throughout
- Open and non-judgemental communication, natural flow to the conversation • Shows empathy at appropriate times, doesn't come across as forced or unnatural • Explores the circumstances around the condition such as timeframe and interventions already tried
- Explores the patient's understanding of the diagnosis and management

Concern 1: Explain what it stands for. Explains that it is the most common liver disease in the UK. Build-up of fat in the liver cells. Nothing to do with alcohol

Concern 2: Most important intervention is weight loss. Diabetic control. Lifestyle advice

Concern 3: Very unlikely. Reassure patient that if they maintain a healthier lifestyle that they have a good prognosis but still a small risk of developing cirrhosis.