

## Child Health - Student Instructions

### **Child Health Station (20 minutes)**

**Patient:**

Ben Jones

39 Queens Road, Leicester, LE8 9XX

DOB: 8/9/17

S number: S2795073

You are a foundation doctor working in the children's emergency department. paediatrics.

Ben Jones has been brought in by the paramedics, accompanied by his parent Charlie Jones with a collapse.

The child will not be present in the station. You will be consulting with Charlie.

You will be expected to:

**0-10 minutes:**

1. Make an assessment of the child (8 minutes) by:

- a) Reviewing any clinical assessment data present in the station.
- b) Writing Bens' paediatric early warning score on the PEWS chart/plotting Ben's height and weight on a growth chart – a copy of both can be found online please use appropriate one
- c) Taking a history from Charlie Jones. You should spend most of the 8 minutes doing this.

2. Answer the examiner's questions about the case (2 minutes).

**10-20 minutes:**

The examiner will show you some test results and give you some further information.

Manage the case by:

- a) Writing a prescription for Ben
- b) Having a discussion with Charlie Jones

If you have not completed your prescription by 15 minutes, the examiner will move you on to the discussion with the caregiver.

## Child Health - Patient Instructions

- Patient Diagnosis: Simple *Febrile Convulsion*
- Clinical assessment data: *Height: 130cm Weight: 25 kg*
  
- *Opening line: I was in kitchen and Ben was playing in the other room and when I came back, he was on the floor shaking. I got so scared and brought him straight here.*
  - *PC: He was playing one minute and the shaking on the floor the next*
  - *HPC: It only lasted a couple of minutes, he was unresponsive which is the thing that really scared me, he wasn't biting his tongue, his arms and legs were shaking, not happened since which was 2 hours ago, he didn't go stiff I don't think, he was back to normal straight after, he didn't hit his head or injure himself, never had this before.*
  - *Other symptoms: Only reveal if asked: He had a fever last couple of days. 38 degrees, I think.*
  - *Systems review: Normal*
  - *PMHx: Had some chest infectious as a baby but never had to stay in hospital.*
  - *DHx + Allergies: not allergic to any medication, he doesn't like tablets so not been given him anything for fever.*
  - *Immunisation: Had all his jabs.*
  - *FHx: No one has had anything like this, his dad has asthma.*
  - *SHx: He has been fine and all healthy until now.*
  - *ICE: I don't know what's going on? Is really sick?, Does he have epilepsy or something?, I just want him to be safe and healthy.*

- For part 2 of the consultation.
  - I have another child at home, do I need to take any precautions?
  - Is there anything I should be worried about?
  - Will it happen again?
  - Does this mean he will get epilepsy in the future?

## Child Health - Examiner Marksheet

Marking Criteria	Tick ( )
1. Correct plotting and interpretation of PEWS/Growth Chart	
2. Introduction	
3. Professional attitude and patient friendly manner maintained throughout the history	
4. HPC ( <i>for all history components below, add specific questions and more detail about what the marks are for</i> )	
5. PC	
6. Other relevant symptoms + appropriate systems review	
7. PMHx	
8. DHx + Allergies	
9. FHx	
10. SHx	
11. ICE	
12. Examiner questions correctly answered	
13. Interprets investigations correctly	
14. Appropriate medication correctly prescribed. - Patient details correctly recorded, allergies, correct medication in capitals, correct dose, correct route, written in the correct place, signed and dated. <b>Move them on after 5 minutes.</b>	
15. Answers patient's questions with factually correct information and in a sensitive way. Chunks and checks information. Correct signposting and safety-netting.	

**Question 1: What is the most likely diagnosis and why?**

**Simple Febrile Convulsions – Backed up by appropriate points from history**

**Question 2: Differentials?**

**Epilepsy**

**Space occupying lesion**

**Question 3: What are your initial management steps?**

**Reassurance**

**Simple medications such as paracetamol**

**Question 4: What safety netting advice should be given?**

**If they last longer than 5 minutes immediate medical help should be sought**

**Global Impression:**

**Patient Impression/comments:**

- Excellent
- Good
- Pass
- Borderline
- Fail

## Prescription

	Number of days treatment NB: Ensure dose is stated
Pharmacy stamp	
Practitioners signature	Date

Patients Name

Address

Age (if under 12)

Prescription Pad 05/2002

Admor, Yapton, W. Sussex