

## Management and Information Giving – Notes for Actor

### **Patient demographics:**

You are Sam Stevens, a 47-year-old Male with Asthma who has come to the GP to discuss his newly diagnosed Stable Angina.

**Keep pressing your questions until you are satisfied with the answer from the student.**

### **Understanding of the condition:**

- “The pain starts when the heart doesn’t get the blood it needs’

### **Concern 1:**

- “Is there anything I can do to stop this getting worse?”

### **Concern 2:**

- “I’ve heard Bisoprolol works well, can I take that to stop the pain happening again?”

### **Concern 3:**

- “What can I take instead and what side effects will it have?”

## **Management and Information Giving – Notes for Candidate**

**Role: Foundation Year 1 doctor in a GP centre**

**This is Sam Stevens, a 47-year-old Male with Asthma who has presented to the GP to discuss his newly diagnosed Stable Angina.**

**You will need to establish the patient's understanding of the condition.**

**The patient will also request specific treatment. You will need to discuss this treatment, whether it is appropriate, and if so - how to administer it and the recognised side effects.**

**If the requested treatment is inappropriate, you should explain why.**

**The station will last 10 minutes but you will be notified by an invigilator at 8 minutes**

## Management and Information Giving – Examiner marksheet

- Good professionalism throughout
- Open and non-judgemental communication, natural flow to the conversation
- Shows empathy at appropriate times, doesn't come across as forced or unnatural
  - CONCERN 1: Discuss changes to Diet, Exercise, Alcohol + Smoking habits. Suggests Smoking Cessation services, elaborates on starting with small sustainable changes that can be worked up
  - CONCERN 2: Explain that Bisoprolol is a Beta Blocker, which can trigger Asthma attacks by causing airway constriction. Additionally, they are the direct opposite of Beta Agonists used in Asthma, so reduce their effectiveness
  - CONCERN 3: Inform about CCBs that mainly target the Heart and demonstrates knowledge of side effects (Headaches, Flushing, etc)

### **Global Impression:**

- Excellent
- Good
- Pass
- Borderline
- Fail

### **Patient Impression/comments:**