

Management and Information Giving – Note for Actor

Patient demographics:

You are Jasmine Loland, a 25-year-old female who has come to her GP for advice about contraception.

Your signs and symptoms: Fit and healthy

PMH: Did have a DVT after a long flight about 2 years ago

FH: No clotting problems, no history of PE/DVT in family, nothing that runs in family

Only reveal if asked about – smoke 20 cigarettes a day for last 7 years

Keep pressing your questions until satisfied with answer from student.

Understanding of contraception:

- My friend is on the COCP and I was wondering if I could just have that one. I don't really know how it works but don't know of any other options. I don't know how you choose?

Concern 1:

- Am I able to take the COCP? – the student should say no
- Why is that?

Concern 2:

- What other ones can I take then?
- Say you are open to all of them and are not planning family soon if asked

Concern 3:

- The student should offer you the IUD. If not ask about this and ask to explain if not already
- Say you think this is best option
- Ask does it work straight away and does it prevent against STI?

Management and information Giving – Notes for Candidate

Role: FY1 doctor in a GP centre

This is Jasmine, a 25-year-old female who has presented to the GP with some questions about contraception.

You will need to establish the patients understanding of contraception then the patient has some concerns and questions. You must answer these questions appropriately.

This station will last 10 minutes and you will be notified by an invigilator at 8 minutes.

There will be no questions from the invigilator.

Management and Information giving – Examiner marksheet

- Maintains professional throughout
 - Open and non-judgemental communication, natural flow to conversation
 - Empathetic and puts patient at ease
 - Explores understanding of condition
-
- Concern 1: Says that COCP is unsuitable and explains why? This should include history of DVT, increased risk with COCP. Therefore, risk outweigh the benefit.
 - Concern 2: Explain other that are suitable which are POP, IUD and subcutaneous implant. POP is a pill like COCP but is suitable in DVT history as has no oestrogen which is what increases risk. IUD is a device in the uterus that is copper and toxic to sperm. Subcutaneous implant – under the skin usually in forearm and requires small surgery to place and release small amounts of progesterone and oestrogen.
 - Concern 3: Explain IUD mechanism if not already. IUD works immediately and last from 5-10 years. Does not protect from STI and only way is condom. Give some advice about safe sex.

Global Impression:

- **Excellent**
- **Good**
- **Pass**
- **Borderline**
- **Fail**

Patient impression/comments: