

## **Clinical Skill: Male catheterisation**

Mr John May has presented to A&E with urinary retention. Please insert a catheter and communicate what you are doing to the patient.

Please communicate with the examiner/simulated patient but perform the skill on the manikin (or if equipment is not available, please verbally state in the correct order, all the steps you would do to complete this skill)

This station will last 10 minutes.

## Male catheter Marksheet

Step	Mark
<p>1. Gather equipment - Two pairs of sterile gloves, Sterile water-filled syringe (10ml) for inflation of the catheter balloon, 0.9% sodium chloride (10mls), Lidocaine (1%) anaesthetic lubricating gel for insertion into the urethra, Male urinary catheter (12/14 french), Catheter pack: including cotton wool balls, sterile gauze, sterile drapes, absorbent pad and gallipot (a.k.a. a small pot), Catheter bag, Urine collection bowl (a.k.a. a receiver) Check patient details</p>	
2. Briefly explain procedure and gain consent, offer chaperone	
3. Ask patient to lay on examination couch and adequately expose	
4. Wash hands and set up sterile field	
5. Check expiry date of all equipment	
6. Clean the penis using sterile technique	
7. Insert Lidocaine using good technique	
8. Insert catheter and ensure urine flowing	
9. Inflate balloon	
10. Attach catheter bag and place appropriately	
11. Thank the patient and help dress	
12. Clean away equipment and clean	
13. Provide aftercare advice to patient	