

Adolescent Care - Student Instructions

Triadic Adolescent Care History Station (10 minutes)

You are an FY1 doctor in the GP surgery and are seeing George Williams, a 13-year-old boy, accompanied by his father.

John's father has persuaded him to see the GP because of his Impulsivity.

This station will last 10 minutes.

You will be expected to:

- Take a history.
- Establish the nature of the problem and its underlying cause.
- Give appropriate advice regarding the next steps to be taken in management.

Adolescent Care - Patient Instructions

- Patient Diagnosis: *Attention Deficit Hyperactivity Disorder*

- Patient history:
 - *PC: Impulsive*
 - *HPC*
 - *Son doesn't think there's anything wrong "Just a lot on my mind"*
 - *Dad disagrees "He's really energetic, it's hard for him to pay attention"*
 - *Takes a while to do homework with him, he gets distracted really easily*
 - *He's been like this for years,*
 - *When younger, would get bored of his new toys very quickly*
 - *Other symptoms*
 - *Restless, always moving around or fidgeting*
 - *Systems reviews*
 - *No fever, no recent behavioural changes, no red flag symptoms*
 - *No change to diet/ bowel/ bladder*
 - *Past Medical History: None*
 - *Drug History: No medication, No allergies*
 - *Family History: Grandfather was the same, but never diagnosed*
 - *Social history*
 - *Living with mum and dad*
 - *Gets in trouble at school for outbursts and day-dreaming*
 - *ICE*
 - *Ideas: Is this Autism?*
 - *Concerns: None*
 - *Expectations: Would like some help calming him down*

- Instructions for patient and carer:
 - *Son*
 - *High energy, Speaks a lot, Answers most questions quickly*
 - *Father*
 - *Tough to get a word in, gets interrupted by son a few times*

Adolescent Care - Examiner Marksheet

Marking Criteria	Tick ()
1. Introduction	
2. Professional attitude and patient friendly manner maintained throughout the history	
3. Addresses both parties equally, ensures both get to speak. Mediates conflict and discussion effectively.	
4. PC	
5. HPC	
6. Other relevant symptoms + appropriate systems review	
7. PMHx	
8. DHx + Allergies	
9. FHx	
10. SHx	
11. ICE	
12. Establishes the nature of the problem and the underlying cause	
13. Gives appropriate advice regarding next steps Correct safety-netting advice	

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: