

Obstetrics Template – Candidate instructions

You have been asked to see Elizabeth Vision, who is 34 weeks pregnant. She is attending the antenatal clinic because swelling in her leg.

You have 10 minutes for this station and have been asked to:

- Take a history/discuss results/discuss procedure/counsel patient (5 minutes)
- Perform an obstetrics examination and briefly explain your findings to the patient (5 minutes)

Obstetrics Template – Patient instructions

Gestation - gravidity: 2 Parity: 1

Presenting complaint: My left leg has been swollen for the last 3 days or so.

History of presenting complaint: It is also painful

S – left leg

I – 6/10

Q – like an achy pain

T – last 2 days

A – Not really

R - Tried paracetamol but didn't help

s- swelling 3 days ago, no rash or itchy, didn't hit leg

Other relevant symptoms: Deny all symptoms of pre-eclampsia or other symptoms

Obstetrics history:

All scans have been normal

Did all the screening and was normal

This is my second pregnancy

Had immunisations

No problems in current or previous pregnancy – normal delivery

Gynaecological history:

Attend all smear and normal

No STIs

ICE: Just concerned something is wrong? Will this harm the baby?

PMH: Have some sort of clotting disease– called anti-something syndrome

DHx: No not taking any but was taking aspirin but stopped as didn't see the point or understand why

FHx: Mum had some problems with me during her pregnancy but cant remember what

SHx: No smoking or drinking

Systems review: Otherwise fine

Other relevant history or instructions for actor: No

Questions for candidate during examination:

What is the diagnosis?

DVT

What is the management?

LMWH and Aspirin

Please explain examination finding and management to patient

Obstetrics Template – Examiner **Marksheet**

| | |
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| Introduces themselves and confirms patient details | |
| Confirms gestational age, gravidity and parity | |
| Open questions and then narrows down | |
| History of presenting complaint | |
| Screens for key obstetric symptoms | |
| Does a relevant obstetrics history | |
| Does a relevant gynaecological history | |
| Address ICE | |
| Asks about PMH | |
| Asks about DHx | |
| Asks about FHx, SHx and other history if relevant | |
| Systems Review | |
| Shows empathy | |
| Active listening | |
| Summaries and clarifies | |

| | |
|--|--|
| Consents patient appropriately for examination | |
| Builds rapport and puts patient at ease | |
| Washes and PPE | |
| General inspection | |
| Ask patient about pain or discomfort before starting | |
| Palpates borders of uterus correctly | |

| | |
|---|--|
| Measures symphysial-fundal height | |
| Correctly identifies fetal lie, presentation and engagement | |
| Listens to fetal heartbeat in correct location and offers to count for 60 seconds | |
| Explains result of finding to patient | |
| Answers any of patients questions | |