

## Examination – Notes for Actor

### **Patient demographics:**

You are Mikel, a 67-year-old man presenting to the GP with abdominal pain.

During the examination:

- You will react with pain when the student deeply palpates the left lower abdominal quadrant.

## **Examination – Notes for Candidate**

**Role: Foundation Year 1 doctor in a GP centre**

**This is Mikel, a 67-year-old male who has presented to the GP with abdominal pain.**

**Please perform a GASTROINTESTINAL examination. The examiner will tell you relevant signs as you go along.**

**You have 8 minutes to examine the patient, followed by a further 2 minutes where the examiner will ask you questions.**

**An invigilator will let you know when 8 minutes has elapsed.**

## Examination – Examiner marksheet

*You will have to tell the student certain signs when they get to that stage of the exam (anything in quotation marks).*

- Good professionalism throughout
  - Confident and well-practised examination with all steps and correct technique
  - Use an appropriate examination checklist like the University of Leicester checklist or Geeky Medics to mark examination steps.
  - Succinct presentation of the examination, including all positives and only relevant negatives + correct further assessments.
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- General inspection: No abnormalities
  - Hands: no abnormalities
  - Arms and axillae: No abnormalities
  - Face + Neck: No abnormalities
  - Chest: No abnormalities
  - Abdominal inspection: No abnormalities
  - Palpation: if they palpate all quadrants correctly: **“you feel a soft fluctuant mass in the suprapubic quadrant and a hard mass in the left lower quadrant”**
  - Percussion: No abnormalities
  - Auscultation: No abnormalities
  - Legs: No abnormalities

**Q1: What is your diagnosis?**

- **Constipation + urinary retention**

**Q2: What investigations would you like to order?**

- **U&Es to assess renal function due to AKI risk**
- **Digital rectal examination**
- **Bone profile (hypercalcaemia)**
- **Accept any sensible and realistic suggestions**

**Q3: What is your management of this condition?**

- **Fluid + fibre intake increased, short course of laxative like lactulose, catheterise to drain the bladder.**

**Global Impression:**

- Excellent
- Good
- Pass
- Borderline
- Fail

**Patient Impression/comments:**