

Examination – Notes for Actor

Patient demographics:

You are Lucy Walker, a 43-year-old Female presenting to A&E with Chest Pain

During the examination, you will:

- Take Rapid, Shallow Breaths

Examination – Notes for Candidate

Role: Foundation Year 1 doctor in A&E

This is Lucy Walker, a 43-year-old Female who has presented to A&E with Chest Pain

Please perform a Respiratory examination. The examiner will tell you relevant signs as you go along.

You have 8 minutes to examine the patient, followed by a further 2 minutes where the examiner will ask you questions.

An invigilator will let you know when 8 minutes has elapsed.

Examination – Examiner Marksheet

You will have to tell the student certain signs when they get to that stage (anything in quotation marks).

- Good professionalism throughout
- Confident and well-practised examination with all steps and correct technique
- Use an appropriate examination checklist like the University of Leicester checklist or Geeky Medics to mark examination steps.
- Succinct presentation of the examination, including all positives and only relevant negatives + correct further assessments

General Inspection:

- **“Raised Respiratory Rate, Shallow Breaths”**

Hands

- Inspection: No signs visible
- Palpation: **“Raised Pulse”**, Normal Capillary Refill

Face, Eyes, Mouth: No Signs

Lymph Nodes: No enlargement

Chest:

- Inspection: No Scars/ Deformities
- Palpation: **“Trachea Central”**. **“Reduced Expansion + Hyper-resonance on Left side”**
- Auscultation: **“Reduced Left sided Vocal Resonance + Breath sounds”**

Completing: CVS Exam, BP

Follow-up Questions

Q1: What is your diagnosis?

Secondary Pneumothorax

Q2: What investigations would you like to order?

Pulse Oximetry/ Sats, ABG, CXR

Q3: The patient has a History of COPD and CXR shows a 1.5cm rim of air around her Left Lung. How would you manage her?

Insert left-sided Intercostal Chest Drain in ‘Safe Triangle’ (Between Axilla Base, Latt. Dorsi, Pec. Major, 5th Intercostal Space)

Global Impression

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/ Comments

