

Patient Centred Care – Notes for Actor

Patient demographics:

You are Joanne Davis, you have come into the GP with questions about your Nephew. You spent yesterday with him and he's now been diagnosed with Chickenpox.

After the initial introductions are completed and once prompted to continue, you will ask the concerns below one at a time.

Keep pressing the concern until you are satisfied with the answer from the student.

Understanding of condition:

- “ I know kids can get it and that it's itchy”

Concern 1:

- “Is it contagious or can he go to school?”

Concern 2:

- “ I'm 15 weeks pregnant, could anything happen to the baby?”

Concern 3:

- “ Could I get Chickenpox as I've never had it?”

Patient Centred Care – Notes for Candidate

Role: Foundation Year 1 doctor in a GP centre

Joanne Davis has come into the GP with questions about her Nephew. She spent yesterday with him and he's now been diagnosed with Chickenpox.

The patient has some concerns regarding this condition.

You should concentrate on these concerns and not on taking a history of the medical condition

Please explore these concerns with the patient and give appropriate advice

This station will last 10 minutes. An examiner and simulated patient will be present.

Patient Centred Care – Examiner Marksheet

- Good professionalism throughout
 - Open and non-judgemental communication, natural flow to the conversation
 - Shows empathy at appropriate times, doesn't come across as forced or unnatural
 - Throughout consultation, keeps patient calm to avoid distressing them
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- CONCERN 1: Explain that Chickenpox is a highly infectious virus, spread by air. Recommend he stay at home until all lesions are dry and have crusted over. This is when the infectivity ends and is usually 5 days after the rash first appeared.
 - CONCERN 2: Sensitively explain the 1% Risk without treatment of Congenital Varicella Syndrome. Explain these symptoms and advise on risk to mother
 - Risk to Mother: Raised risk of Lung Inflammation
 - Risks to Baby:
 - Low birth weight, Limb Hypoplasia, Skin scarring
 - Seizures, Small head, Learning disability, Cataracts, Small eyes
 - CONCERN 3: Recommend urgently checking Varicella Antibodies via a blood test. If no Antibodies found, she will need Post-exposure Prophylaxis (VZIG). She must receive this within the next 9 days (≤ 10 days after exposure yesterday)

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fails

Patient Impression/comments: