

## Management and Information Giving – Notes for Actor

### **Patient demographics:**

You are James Wells, a 34-year-old male who has come to the GP to discuss your diagnosis of Crohn's Disease.

**Keep pressing your questions until you are satisfied with the answer from the student.**

### **Understanding of the condition:**

- "Autoimmune Inflammation that can happen anywhere from Mouth to Anus"

### **Concern 1:**

- "What can I do in addition to Medications?"

### **Concern 2:**

- "My friend takes Methotrexate for Arthritis, can I use that?"

### **Concern 3:**

- "If I'm not taking Methotrexate, do I still need to monitoring and Vaccines?"

## **Management and Information Giving – Notes for Candidate**

**Role: Foundation Year 1 doctor in a GP centre**

**This is James Wells, a 34-year-old male who has represented to the GP to discuss his diagnosis of Crohn's Disease.**

**You will need to establish the patient's understanding of the condition.**

**The patient will also request specific treatment. You will need to discuss this treatment, whether it is appropriate, and if so - how to administer it and the recognised side effects.**

**If the requested treatment is inappropriate, you should explain why.**

**The station will last 10 minutes but you will be notified by an invigilator at 8 minutes**

## Management and Information Giving – Examiner marksheet

- Good professionalism throughout
- Open and non-judgemental communication, natural flow to the conversation
- Shows empathy at appropriate times, doesn't come across as forced or unnatural
- Explores the patient's understanding of the condition and how it is spread primarily
  - CONCERN 1: Explain importance of a healthy balanced diet, avoiding any foods that appear to make symptoms worse. Emphasise that main change is to stop smoking.
  - CONCERN 2: Explain that Azathioprine/ Mercaptopurine recommended before MTX due to similar effectiveness, but higher rate of side effects with MTX (Myelosuppression, Pneumonitis etc)
  - CONCERN 3: Explain that Azathioprine/ Mercaptopurine will need enzyme testing. Explain need for regular blood tests and that patient should avoid Live vaccines. Should stay upto date with Annual Flu vaccine + One-off Pneumococcal.

### **Global Impression:**

- Excellent
- Good
- Pass
- Borderline
- Fail

### **Patient Impression/comments:**