

Examination – Notes for Actor

Patient demographics:

You are Lucas Fox, a 22-year-old male presenting to A&E with Abdominal Pain

During the examination:

- Hold your Lower Right Abdomen in Pain, Able to walk and move around

Examination – Notes for Candidate

Role: Foundation Year 1 doctor in a GP Surgery

This is Lucas Fox, a 22-year-old male who has presented with Abdominal Pain

Please perform an ABDOMINAL examination. The examiner will tell you relevant signs as you go along.

You have 8 minutes to examine the patient, followed by a further 2 minutes where the examiner will ask you questions.

An invigilator will let you know when 8 minutes has elapsed.

Examination – Examiner Marksheet

You will have to tell the student certain signs when they get to that stage (anything in quotation marks).

- Good professionalism throughout
- Confident and well-practised examination with all steps and correct technique
- Use an appropriate examination checklist like the University of Leicester checklist or Geeky Medics to mark examination steps.
- Succinct presentation of the examination, including all positives and only relevant negatives + correct further assessments

Inspection

- General: “Pale, Holding their Right Iliac Fossa in Pain, Able to walk around and move”

Palpation

- “Raised Pulse + Body temperature”
- “RIF: Tenderness, Pain on Light + Deep Palpation
- Rosvig's Positive”
- No Rebound tenderness

Percussion:

- No Organomegaly, No Shifting dullness

Auscultation:

- Normal bowel sounds

Completion: DRE, External Genitalia, Hernial Orifices

Follow-up Questions

Q1: What is your diagnosis?

Acute Appendicitis

Q2: What Examinations/ Investigations would you like to order?

FBC, CRP, U&Es, LFTs, Clotting screen, Diagnostic Laparoscopy, Ultrasound RIF

Q3: What is your Management of this patient?

Analgesia, Laparoscopic Appendicectomy, IV Abx for 24hrs

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: