

Pre-operative Care 1 – Notes for Candidate

Role: Foundation Year 1 doctor in a Pre-operative Clinic

This is Robin Tide, a 53-year-old female who has been newly diagnosed with Grave's disease. She has presented to the pre-operative clinic prior to her Thyroidectomy.

She has hypertension and is currently taking ramipril and HRT.

You will need to discuss the Indication for the operation and explain the risks as well as benefits.

Take a pre-operative history and discuss any pre-operative investigations that may be required, explaining why.

Explain how their medication will be altered prior to their operation.

The station will last 10 minutes but you will be notified by an invigilator at 8 minutes.

Pre-operative Care 1 – Notes for Actor

Patient Script:

You are Robin Tide, a 53-year-old female who has been newly diagnosed with Grave's disease.

You have come to the pre-operative assessment clinic to discuss the surgery you will be having to remove your thyroid as you have decided this is the best option for you.

You have never had surgery before and would like to know what the procedure is like and the aftereffects.

Your signs and symptoms: Goitre, anxiety, weight loss

Medication: HRT, Ramipril

PMHx: Hypertension

SHx: Lives with husband and 2 children, Works as a teacher, Ex-smoker 10 pack years

Pre-Operative Care 1 – Examiner marksheet

MARKING RUBRIC	✓
Opening: <ul style="list-style-type: none"> • Introduces themselves. • Confirms Patient demographics. • Explains and gains consent from patient about consultation. 	
Main Consultation: <ul style="list-style-type: none"> • Good professionalism throughout • Explains the reason for attending the pre-operative clinic, with good knowledge of the surgery. • Understands what investigations are needed prior to the surgery and explains to the patient why. • Explains what changes of medications are needed prior to the surgery. Explains what will happen on the day and recovery. • Open and non-judgemental communication, natural flow to the conversation • Shows empathy at appropriate times, doesn't come across as forced or unnatural. • Explores the patient's understanding of the operation and their Idea's and Concerns <p>Thyroidectomy Specifics:</p> <ul style="list-style-type: none"> • General anaesthetic, NBM 6 hours prior (solids), 2 hours (water) • Home after day or two • Complications – bleeding, damage to recurrent laryngeal nerves, parathyroid gland damage • Will need lifelong levothyroxine. • Ramipril – stop 24 hrs. • HRT – stop 4 weeks. • Investigations: FBC, U&E, G&S, TFT, calcium – potentially chest x-ray 	
Ending consultation: <ul style="list-style-type: none"> • Summaries and clarifies any points. • Thanks Patient 	

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: