

Candidate Instructions

Role: FY1

Presenting Complaint: Headaches

- Kate Albert is an 89-year-old female who has come to Oncology assessment unit with her daughter Grace Albert complaining of Headaches.

You are expected to:

0-10 minutes:

- Take a focused history from Grace (8 mins)
- Answer the examiner's questions (2 mins)

10-20 minutes:

- Explain the diagnosis & prognosis to Grace
- Discuss how the condition can be managed
- Discuss the support for Patient and her family

Simulator Instructions- History

Patient Demographics

Kate Albert, 89 years old, you are her daughter Grace Albert

Presenting Complaint: She has been complaining of this headache she says has been getting worse for the last week.

History of Presenting Complaint

S: She says it is all over

Q: Like a ache sort of pain

I: Varies but there all the time

T: Last week came on suddenly and not gone away since

A: She complains about it a lot in the mornings (if asked) – also worse when putting her slippers on

R: lying down seems to help

S: (If asked) – vomiting yesterday and has been a bit confused for last couple of days

- Functional Impairment – she lives at home by herself but I live close by and pop in everyday to help out with cleaning and other stuff. She lives in a bungalow so can get around the house but I have to take her out shopping. She has been more dependant on me for last week or so because not quite been herself.
- ICE – I don't know what's going on? I am concerned that she may not make it? (if asked) – to my wedding in a months time, she is meant to walk me down the aisle as my dad died couple years back, Just any thing that could help

Past Medical History

- She as all sorts – high blood pressure, diabetes, hyperthyroidism and had surgery last year for her bowel cancer but that was removed.
- No allergies and cant remember her drugs

Family History

- Well my dad, her husband died from bowel cancer

Social

- Never smoked or drank
- I am her only child and look after her as much as I can but worried might not be able to always. She does have carers once a day to give her meds and food at lunch and I do rest.

Examiner Marksheet

Opening

- Introduces themselves
- Confirms Patient demographics
- Explains and gains consent from patient about consultation

History

- Demonstrates Professionalism & Empathy
- Demonstrates Communication skills
- Demonstrates time-management skills
- Systematic questioning
- History of Presenting Complaint
- Assess impact on patient (Sleep, Nutrition, Safety, Hygiene etc.)
- ICE
- Past Medical History
- Family History
- Social History (Drugs, Alcohol, Accommodation, Finances, Support)
- Detailed Psychosocial history

Examiner Questions

- Diagnostic reasoning & Communication to examiner (Diagnosis, Assessments, Investigations etc.)

What is your most likely diagnosis?

Cerebral Metastases

What single most important investigation would you like to order?

CT Head

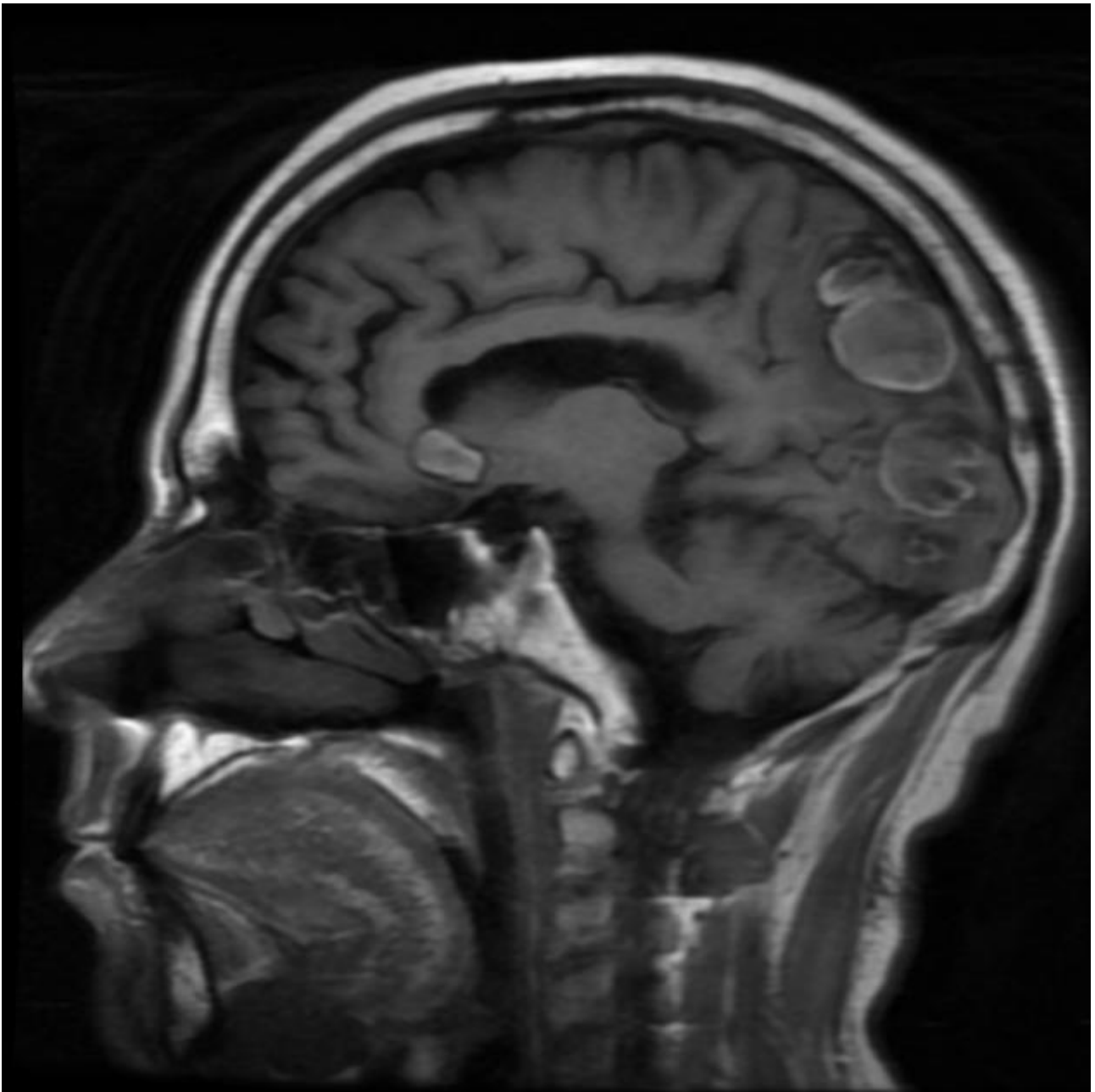
Give CT head on next page and ask to discuss with patient

Discussion

- Demonstrates time-management skills
- Demonstrates Professionalism & Empathy
- Demonstrates Communication skills
- Remain patient-centred while also considering needs of all family members
- Offer support where available (Websites, Services, Brochures)
- Works with patient to reach mutually agreeable management plan
- Information giving
 - Accuracy & Appropriateness of information
 - Given in easy to understand 'chunks', without using Jargon
 - Regularly checks patient understanding
 - Addresses patient concerns & questions
 - Use silence appropriately

Ending Consultation

- Summarises and clarifies any points
- Thanks patient
- Signposting



Case courtesy of Mohamed Hossam Shebl, Radiopaedia.org. From the case rID: 19894