Examination – Notes for Actor

Patient demographics:

You Emma Miller, a 23-year-old Female presenting to the GP with 3 months of Fatigue

During the examination:

- You will Walk + Talk slowly as if Tired

Examination – Notes for Candidate

Role: Foundation Year 1 doctor in a GP Surgery
This is Emma Miller, a 23-year-old female who has presented to the GP with ongoing Fatigue

Please perform a THYROID Examination. The examiner will tell you relevant signs as you go along.

You have 8 minutes to examine the patient, followed by a further 2 minutes where the examiner will ask you questions.

An invigilator will let you know when 8 minutes has elapsed.

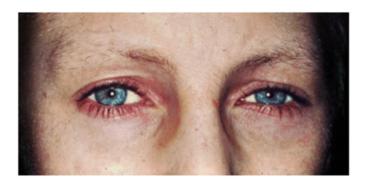
Examination – Examiner Marksheet

You will have to tell the student certain signs when they get to that stage (anything in quotation marks).

- Good professionalism throughout
- Confident and well-practised examination with all steps and correct technique
- Use an appropriate examination checklist like the University of Leicester checklist or Geeky Medics to mark examination steps.
- Succinct presentation of the examination, including all positives and only relevant negatives + correct further assessments

Inspection

- General: "Large Body Habitus, Slow gait"
- Hands: "Slow Pulse (45), Dry skin"
- Face + Eyes: "Dry Skin, Lateral Eyebrow (Hertoghe sign) loss" as shown (Image taken from plasticsurgerykey.com)
- Thyroid: No Visible lumps/ masses



Reflexes

- "Slow Biceps + Knee Jerk Reflexes"

Palpate

- Thyroid: No palpable masses
- Lymph nodes: No Lymphadenopathy, No Trachea Deviation

Auscultate: No Bruits

Follow-up Questions

Q1: What is your Diagnosis? Hypothyroidism

Q2: What investigations would you like to request? TFTs, ECG, USS Neck

Q3: How would you Manage this patient? Levothyroxine

Global Impression

Patient Impression/ Comments:

- Excellent
- Good
- Pass
- Borderline
- Fail