

Gynaecology– Candidate instructions

You are a FY1 working in Obs and Gyn. Elizabeth Rogers, 23 attends because of Vaginal Discharge.

This station will be 10 minutes and you will be expected to:

- Take a history (5 minutes)
- Discuss results of investigations and your management plan (5 minutes)

Gynaecology– Patient instructions

Presenting complaint: Vaginal Discharge

History of presenting complaint

- Grey
- Fishy odour
- First noticed 6 days ago
- Amount of discharge worst immediately after intercourse
- Odour immediately worse after intercourse
- No blood in discharge
- Other symptoms: None

Systems review: No pain, all systems normal

Obstetrics history: Never been pregnant

Gynaecological history:

- Last period was 3 weeks ago
- Cervical smears not applicable until age 25
- Doesn't use condoms, as has had IUD for last 3 years

Past Medical History:

- Had a yeast infection 6 years ago
- This cleared but you've started douching 2-3 times a week to prevent it

Drug History: None

Family History: None

Social History: Social drinker, Non-smoker

ICE:

- Ideas: Think this is an STI
- Concerns: Worried that it won't be treatable
- Expectations: Wants to know what is going on

Gynaecology– Examiner marksheet

Introduces themselves and confirms patient details	
Open questions and then narrows down	
History of presenting complaint	
Screens for key obstetric symptoms	
Does a relevant obstetrics history	
Does a relevant gynaecological history	
Address ICE	
Asks about PMHx, Drug Hx, Family Hx, Social Hx, and other history if relevant	
Systems Review	
Shows empathy, Active listening	
Summaries and clarifies	

Information to provide at 5 minutes

Vaginal pH: Raised to 6

KOH Whiff test: Positive

Patient questions:

Q1: How can this be treated?

Metronidazole for 5 days

Q2: Is there anything I can do stop this happening again?

Use condoms

Stop douching

Avoid perfumed lubricants

Avoid wearing nylon for long periods

Showers instead of baths

Logical and structured approach to explanation	
Avoids jargon	
Only relevant information given	
Address any concerns and questions	
Checks understanding	
Invites questions and gives time to process	

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: