

## **Obstetrics– Candidate instructions**

You are the FY1 and have been asked to see Katie Lincoln, who is 10 weeks pregnant. She is attending the antenatal clinic because she is concerned about her child having Down's Syndrome.

You have 10 minutes for this station and have been asked to:

- Counsel the patient (5 minutes)
- Perform an obstetrics examination at 22 weeks and briefly explain your findings to the patient (5 minutes)

## Obstetrics– Patient instructions

Gestation- Gravidity 1, Parity 0

### **Patient Counselling Instructions and Questions:**

- No prior knowledge about Down's Syndrome, other than you have to be born with it
- Want to know if you can check before the child is born
- Can you be tested next week and what does the test involve?
- Does a positive result mean the child will definitely have Down's Syndrome

## Obstetrics– Examiner Marksheet

Introduces themselves and confirms patient details	
Confirms gestational age, gravidity and parity	
Explores patient’s pre-existing knowledge	
Corrects any misinformation professionally and accurately	
Displays a good understanding of the screening process	
“Chunks & Checks” when giving information	
Doesn’t use jargon	
Shows empathy	
Active listening	
Summaries and clarifies	

Consents patient appropriately for examination	
Builds rapport and puts patient at ease	
Washes and PPE	
General inspection	
Ask patient about pain or discomfort before starting	
Palpates borders of uterus correctly	
Measures symphysial-fundal height	
Correctly identifies fetal lie, presentation and engagement	
Listens to fetal heartbeat in correct location and offers to count for 60 seconds	
Explains result of finding to patient without using jargon	
Answers any of patient’s questions	

### Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

### Patient Impression/comments: