

Sexual health – Candidate instructions

You are a FY1 working in the sexual health clinic. 20-year-old attends because of rashes on his penis.

This station will be 10 minutes and you will be expected to:

- Take a history (5 minutes)
- Discuss results of investigations and your management plan (5 minutes)

Sexual health – Patient instructions

Presenting complaint: I have noticed these small bumps on my penis and they are painful and itchy.

History of presenting complaint:

S: top of penis

Q: Like a sharp tingling pain

I: 7/10

T: started with soe discomfort and itching then became painful and now have bumps.

A: Not really

R: tried some lotion but didn't help

S: The don't bleed or ooze but have noticed pain when peeing

Other relevant symptoms: none

Sexual history: Never had any STI or anything like this before. Well I have had two or three male partners in last 2/3weeks. We didn't use protection and had anal and oral sex.

ICE: Have I got an STI? Just want something to help? Maybe some cream or medication

PMH: None

DHx: No drugs taken and no allergies

FHx: None

SHx: Smokes 5 cigarettes a day for last 2 years

Systems review: No other relevant history

Other relevant history or instructions for actor:

Appear in discomfort and pain

Sexual history – Examiner marksheet

Introduces themselves and confirms patient details	
Open questions and then narrows down	
History of presenting complaint	
Does a relevant Sexual history	
Address ICE	
Asks about PMH	
Asks about DHx	
Asks about FHx, SHx and other history if relevant	
Systems Review	
Shows empathy	
Active listening	
Summaries and clarifies	

Information to give candidate at 5 minutes here:

Please find appropriate picture online and show candidate of genital herpes

Logical and structured approach to explanation	
Avoids jargon	
Only relevant information given	
Address any concerns and questions	
Checks understanding	
Invites questions and gives time to process	