

Gynaecology– Candidate instructions

You are a FY1 working in Obs and Gyn. Linda Matthews, 24, attends because of Vaginal Discharge

This station will be 10 minutes and you will be expected to:

- Take a history (5 minutes)
- Discuss results of investigations and your management plan (5 minutes)

Gynaecology– Patient instructions

Presenting complaint: Vaginal Discharge

History of presenting complaint

- Yellow, Small amounts, Odourless
- Frequent, no triggers noticed, throughout the day
- First noticed 4 days ago
- No blood in discharge
- Other symptoms: 4 days of burning pain when urinating

Systems review: All normal

Obstetrics history: Never been pregnant

Gynaecological history:

- Last period was two weeks ago
- Cervical smears not applicable until age 25
- Doesn't use condoms
- Had IUS inserted 3 years ago

Past Medical History: "Yeast infection" 6 years ago, treated successfully

Drug History: Allergic to Azithromycin

Family History: None

Social History: Social drinker, Non-smoker, Occasionally use of Cocaine

ICE:

- Ideas: Another infection
- Concerns: None
- Expectations: Some pills to get rid of infection and "get on with it"

Gynaecology– Examiner marksheet

Introduces themselves and confirms patient details	
Open questions and then narrows down	
History of presenting complaint	
Screens for key obstetric symptoms	
Does a relevant obstetrics history	
Does a relevant gynaecological history	
Address ICE	
Asks about PMH, Drug Hx, Family Hx, Social Hx and other history if relevant	
Systems Review	
Shows empathy, Active listening	
Summaries and clarifies	

Investigation results to be given at 5 minutes

Urine dipstick: Negative for nitrites and leucocytes

Urine hCG: Negative

NAAT for Chlamydia trachomatis: Positive

NAAT for Neisseria Gonorrhoeae: Negative

Patient questions:

Q1: How is this treated and how long will it take?

Doxycycline for 7 days (100mg BDS)

Q2: Do I need to tell anyone? What if I don't want to?

Explains importance of contact tracing

Explains this can be done by NHS on her behalf

Logical and structured approach to explanation	
Avoids jargon	
Only relevant correct information given	
Address any concerns and questions	
Checks understanding	
Invites questions and gives time to process	

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: