

Management and Information Giving – Notes for Actor

Patient demographics:

You are Jo Smith, a 17-year-old male who has come to the GP to discuss your diagnosis of Infectious Mononucleosis

Keep pressing your questions until you are satisfied with the answer from the student.

Understanding of the condition:

- “I heard this was something you can get from kissing people?”

Concern 1:

- “Could I infect anyone?”

Concern 2:

- “Is there anything I should or shouldn't do at home?”

Concern 3:

- “Can I get some Antibiotics?”

Management and Information Giving – Notes for Candidate

Role: Foundation Year 1 doctor in a GP centre

This is Jo, a 17-year-old male who has represented to the GP to discuss his diagnosis of Infectious Mononucleosis

You will need to establish the patient's understanding of the condition.

The patient will also request specific treatment. You will need to discuss this treatment, whether it is appropriate, and if so - how to administer it and the recognised side effects.

If the requested treatment is inappropriate, you should explain why.

The station will last 10 minutes but you will be notified by an invigilator at 8 minutes

Management and Information Giving – Examiner marksheet

- Good professionalism throughout
- Open and non-judgemental communication, natural flow to the conversation
- Shows empathy at appropriate times, doesn't come across as forced or unnatural
- Explores the patient's understanding of the condition and how it is spread primarily
 - CONCERN 1: Reassure that although it is a contagious viral illness, it is mainly spread by kissing/ sexual activity, so as long as he avoid this for a while, no one else is likely to be affected. It is important to do this whilst making sure he doesn't feel guilty for any of his behaviour
 - CONCERN 2: Advise about resting and staying hydrated, whilst avoiding vigorous physical activity, especially contact sports for 4 weeks. Elaborate that high impact injuries can cause damage to/ rupture of the Spleen. This should be done so as not excessively distress the patient.
 - CONCERN 3: Inform patient that Antibiotics will have no effect, explaining the difference between Viruses and Bacteria to ensure understanding. Talk about Antibiotic resistance. Advise that Paracetamol and Ibuprofen can be used for pain/ fever relief, but nothing else needed as illness will resolve on its own.

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: