

Patient Centred Care – Notes for Actor

Patient demographics:

You are June Kilpatrick, a 23-year-old Female who has presented to the GP with questions about your Rheumatoid Arthritis medication. After the initial introductions are completed and once prompted to continue, you will ask the concerns below one at a time.

Keep pressing the concern until you are satisfied with the answer from the student.

Understanding of condition:

- “I have an Autoimmune condition and the tablets help to dial down my immune system”

Concern 1:

- “I want to have a family, can I keep taking Methotrexate? What about my condition”

Concern 2:

- “ Can I start trying as soon as I stop Methotrexate?”

Concern 3:

- “ Do I still need to take the Folic Acid after stopping Methotrexate?”

Patient Centred Care – Notes for Candidate

Role: Foundation Year 1 doctor in a GP centre

This is June Kilpatrick a 23-year-old Female who has represented to the GP with questions about her Rheumatoid Arthritis medication.

The patient has some concerns regarding the management of their condition.

You should concentrate on these concerns and not on taking a history of their medical condition

Please explore these concerns with the patient and give appropriate advice

This station will last 10 minutes. An examiner and simulated patient will be present.

Patient Centred Care – Examiner Marksheet

- Good professionalism throughout
 - Open and non-judgemental communication, natural flow to the conversation
 - Shows empathy at appropriate times, doesn't come across as forced or unnatural
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- CONCERN 1: Sensitively explains that MTX is not suitable in Pregnancy due to risk of adverse outcomes with examples (Miscarriage, Serious Birth Defects, Impaired Growth in Womb). Suggests alternatives (Hydroxychloroquine, Sulfasalazine)
 - CONCERN 2: Explain in a clear way, without jargon, that MTX can stay in the blood and have an effect for upto 6 months after stopping.
 - CONCERN 3: Outline that Folic acid should be taken from one month before conception to Week 12 of Pregnancy

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fails

Patient Impression/comments: