

OSCE History Taking – Notes for Actor

Patient demographics:

25-year-old female presenting with breast lump
Location: Breast clinic

Presenting Complaint:

Central chest pain

History of Presenting Complaint:

Lump in lower left breast
Not painful
No skin changes or change to nipples
Very mobile – moves around a lot
Stayed the same size
Came on 2 weeks ago
Doesn't change with menstrual cycle

Other history:

No periods as on pill and never been pregnant.

ICE

Concerned it might be something sinister as has history breast cancer – grandmother, focus on this concern throughout and try and get reassurance from candidate

PMH + Surgical History

None

Drug History

COCP
Vitamin tablets
No over the counter or substance misuse

Family History

Breast cancer in grandmother
Diabetes – mother and father

Social History

Non-smoker
Doesn't drink
Works as a accountant
Independent
Diet isn't the best and exercises when gets the chance

Diagnosis

Fibroadenoma

OSCE History Taking – Notes for Candidate Template

Role: Junior doctor in breast clinic

Presenting complaint: 25-Year-Old presenting with lump in breast

Please take a history in 8 minutes

There will be 2-minute further questions from examiner at the end

OSCE History Taking – Examiner marksheet

Opening:

- Introduces themselves
- Confirms Patient demographics
- Explains and gains consent from patient about consultation

Presenting complaint and History of presenting complaint:

- Open questioning to begin
- Structured approach e.g. SQITARS
- Red flags
- ICE
- Uses clear language and avoids jargon
- Empathetic about concerns and reassures
- Gets that it moves around and is not painful
- Asks about nipple changes and skin change
- Asks about change in size

Systemic enquiry:

- Screens for relevant symptoms in other body systems

PMH/Surgical history

- Asks about any medical conditions
- Asks about relevant surgical procedures

Drug History, Social and Family History:

- Asks about both prescribed and over the counter medication
- Allergies and what happen during allergy
- Substance misuse
- Alcohol and Smoking history
- Occupation
- Support at home/mobility
- Relevant Family History

Ending consultation:

- Summaries and clarifies any points
- Thanks Patient
- Signposting

EXAMINER FOLLOW UP QUESTIONS:

- 1. What is your top differential diagnosis and why?**
Fibroadenoma – with reasonably explanation
- 2. What initial investigations/examinations would you order for this patient?**
Triple assessment – breast exam, ultrasound, biopsy
- 3. What is your initial management plan?**
Reassure and safety net

Global Impression:

- Excellent
- Good
- Pass
- Borderline
- Fail

Patient Impression/comments: