

## **Special Sense 2 (Dermatology)**

### **Student Instructions**

#### **Special senses 2 – Dermatology/ENT**

You are the FY2 in General Practice. Alex Atwell, 52, has come to see you because of a Rash. A clinical photo is provided which you can refer to in the reading time.

You will be asked to:

0-8 minutes

- Take a history from the simulator (5 minutes)
- Describe the physical findings in the image and summarise the case to the examiner and discuss your diagnosis and any differentials (3 minutes)

8 – 10 minutes

- Answer questions from the examiner (2 minutes)

## Special Sense 2 (Dermatology) Patient Instructions

- Patient Diagnosis: *Acne Rosacea*
- Patient history:
  - *PC: Red facial rash*
  - *HPC*
    - *9 day history of red rash*
    - *Initially, recurrent facial flushing*
    - *Progressed to constant rash and thickening of the nose*
    - *Painless*
    - *Limited to face and forehead*
    - *Exacerbated by prolonged exposure to sunlight*
    - *No relieving factors*
  - *Systems review*
    - *No fever, bleeding or discharge*
    - *No signs of dehydration or mucosal involvement*
  - *PMHx: None*
  - *DHx + Allergies: None*
  - *FHx: None*
  - *SHx*
    - *Occasional drinks alcohol*
    - *Doesn't smoke or use recreational drugs*
    - *Employed as an electrician*
  - *ICE*
    - *Ideas: Really bad acne*
    - *Concerns: Worried about rash getting worse, as is quite embarrassing*
    - *Expectations: Hoping the rash goes away*



Image taken from DermnetNZ <https://dermnetnz.org/images/rosacea-images>

## Special Sense 2 (Dermatology) Examiner Marksheet

Marking Criteria	Tick ()
1. Introduction	
2. Professional attitude and patient friendly manner maintained throughout the history	
3. HPC	
4. PC	
5. Other relevant symptoms + appropriate systems review	
6. PMHx	
7. DHx + Allergies	
8. FHx	
9. SHx	
10. ICE	
11. Correct interpretation of photo	
12. Reasonable differentials suggested with sound logic	
13. Examiner Questions	

**Question 1: What is your most likely diagnosis?**

**Acne Rosacea**

**Question 2: How would you manage this patient?**

**Topical Ivermectin AND Oral Doxycycline (Severe Papulopustular disease)**

**Referral to Dermatology (Rhinophyma)**

**Question 3: List 3 ocular complications of Acne Rosacea, not including Rhinophyma**

**Blepharitis, Keratitis, Conductivitis**

**Question 4: List 3 factors that exacerbate Rosacea**

**Alcohol, Hot weather, Warm baths, Stress, Spice**

**Global Impression:**

- Excellent
- Good
- Pass
- Borderline
- Fail

**Patient Impression/comments:**